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## STATE PREVENTION INVENTORY – MAINE PROFILE

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### STATE PREVENTION SYSTEM

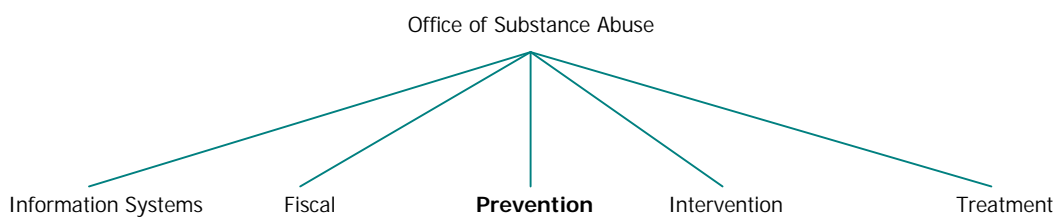
#### Structure and Organization

The State prevention system in Maine includes key agencies and offices such as the Office for Substance Abuse (OSA), the Driver Education Evaluation Program (DEEP), and the Dirigo Prevention Coalition.

Since July 1993, the system within the OSA has been restructured and sixteen staff positions from the Department of Education (DOE) have been transferred, along with the Drug-Free Schools and Communities Act funding, programs, and services. The former OSA Clearinghouse staff and functions have merged with the DOE Resource Center staff and functions. The OSA has also established the Prevention and Education Division.

OSA funds four community coalitions across the State, which work to identify and respond to specific alcohol and drug prevention issues on the local level. The State funds prevention programs based on the degree to which each program uses risk and protective factor research and CSAP's six strategies in program design and implementation. Hospitals, universities, civic organizations, towns and community groups also have received funding to provide prevention-related services. OSA works with private agencies, which provide education activities targeting youth, parents, or elders. The Information and Resource Center provides Maine citizens with a single place to call for information about – and resources on – various subjects related to alcohol and other drug abuse.

#### Organizational Chart



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### FUNDING AND RESOURCES

Year (FFY)	State Funding	SAPT Funding	20% Set-aside
1993	\$820,635	\$3,809,162	\$818,230
1994	417,965	3,800,006	765,945
1995	729,285	4,798,475	1,123,071

#### Allocation of Funds

CSAP Strategy	FFY 1993	FFY 1994	FFY 1995
Information Dissemination	\$103,129	\$233,044	\$19,870
Education	347,150	241,567	364,044
Alternatives	50,200	124,115	494,681
Problem Identification and Referral	0	0	19,186
Environmental	42,925	40,771	38,300
Community-based Process	274,826	126,448	159,150
Other	0	0	27,840*

\*Included Synar Amendment compliance.

Resource Spending	FFY 1993	FFY 1994	FFY 1995
Planning, Coordination, and Needs Assessment	N/A*	\$0	N/A
Quality Assurance	N/A	0	N/A
Training (post-employment)	N/A	10,536	N/A
Education (pre-employment)	N/A	0	N/A
Program Development	N/A	0	N/A
Research and Evaluation	N/A	0	N/A
Information Systems	N/A	0	N/A

\*N/A=Data not available. Resource spending funds were not reported by the State in FFY 1993 and FFY 1995.

#### Substate entities receiving set-aside funds for prevention service delivery

- 3 Community Coalitions (Regions)
- 5 municipalities
- 3 hospitals
- 3 alternative schools
- 16 social service providers

#### Average amount of grant/contract:

- FFY 1993 - \$22,323
- FFY 1994 - \$22,313
- FFY 1995 - \$17,300

#### Per-capita 20% set-aside spending (population):

- FFY 1993 - \$0.65
- FFY 1994 - \$0.62
- FFY 1995 - \$0.90

#### Staff/Volunteers designated and supported by set-aside funding and level:

- FFY 1993 -
  - State: N/A\*
  - Regional: N/A
  - Local: N/A
- FFY 1994 -
  - State: 11 FTE/0 Volunteers
  - Regional: 71 FTE/113 Volunteers
  - Local: N/A
- FFY 1995 -
  - State: 11 FTE/0 Volunteers
  - Regional: 108 FTE/268 Volunteers
  - Local: N/A

\*NA = Not available. No data were available from the State.

### STATE CONTACT

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### PROGRAMS AND SERVICES

#### Definition of Prevention:

OSA's concept of prevention states that the "goal of prevention is to allow people in Maine to lead healthy, happy lives" and to promote the concept that prevention is a lifelong process.

#### Does the State have prevention plan?

Yes; it was recently updated in the early 1990s.

- Communities

#### Target populations for prevention services:

- Pre-school population
- School-aged population
- Parenting teens
- Parents
- At-risk youth
- Native Americans

#### Total Number served:

- FFY 1993 –NA\*
- FFY 1994 - NA
- FFY 1995 – 12,103

\*NA = Not available. The State did not make these data available.

#### Programs funded:

Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Parenting classes	NA*	2/11,426	5/12,242	Community Concepts Celebrating Fatherhood; Community Concepts Healthy Family; Kittery Chemical Awareness; Parents Anonymous; Union 51
After-school programs	NA	NA	5/806	YWCA of Lewiston-Auburn; USM College of Nursing; Peninsula Area for Health; KCAP Youth Center; Town of Mount Vernon
After-school programs – arts	NA	NA	4/1966	Soaring in Education; East End Children's Workshop; HealthReach Network—Outreach; Maine Arts
Alternative Education programs	NA	NA	3/154	Community School; Community School Outreach; Town of Ashland

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Type	Number of Programs/Number Served			Programs
	FFY 1993	FFY 1994	FFY 1995	
Skill-Building programs	NA	NA	3/992	City of South Portland; Rumford Group Home; Kittery Chemical Awareness—Let's Talk
Head Start	NA	NA	1/939	KVCAP
Leadership camps	NA	NA	1/60	Aroostook Mental Health— Teen Leadership Camp
Storytelling	NA	NA	3/2160	Cape Elizabeth Storytelling; Drug Rehabilitation-Day One Storytelling
Service Learning Projects	NA	NA	1/140	K.I.D.S. Consortium
Peer mediation	NA	NA	1/634	Maine Children's Alliance
Mentoring	NA	NA	1/240	Big Brothers/Big Sisters of Kennebec Valley
Support groups	NA	NA	1/50	Mayo Regional Hospital
Cultural awareness and identity	NA	NA	1/30	Houlton Band of Maliseets
Community coalitions	NA	NA	2/1700	City of Gardiner; River Coalition
Peer mentoring and helping	NA	NA	1/200	Aroostook Mental Health-- Middle School Weekend

\*NA = Not available. The State was unable to provide data for the number of programs/number of individuals served for FFY 1993-94.

## DATA COLLECTION ACTIVITIES

### Results currently available on prevention programs funded by the 20% set-aside (including needs assessments and data collection):

Maine has been using outcome-based prevention contracts since FFY 1994. Year-end reports are submitted for each of the funded programs, which detail performance targets and short- and long-term outcomes. These reports provide information on progress toward performance targets.

At the State level, the results are used for planning training and technical assistance activities, reallocating funds to successful programs, and determining performance targets for the next year. The annual reports also assist the State in quality control by providing documentation to terminate non-performing programs.

## **SUPPORT SERVICES**

### **Training and Technical Assistance:**

Some training/technical assistance is performed in Maine using Federal set-aside funds. Each community prevention contract is assigned a program specialist whose job is to monitor the progress of the program in achieving their targets and outcomes. Technical assistance is available to any program to strengthen its ability to be successful.

Training is also provided by area of need. Included is an Evaluation Workshop, which is offered to all community-based providers that hold a prevention contract with the State. A series of leadership trainings is also offered.

In addition, Maine has two Best Practice Forums that are organized regionally. Prevention providers meet on a regular basis to offer peer review, hear presentations, network, problem-solve, and to stay abreast of the latest information in the field.

### **Certification Activities:**

No certification activities in Maine are funded using the primary prevention set-aside.